

2 部活動（生徒による部活動紹介）

運動部		文化部	
1 体操部	12 ラグビー部	23 映画研究部	34 生物部
2 弓道部	13 バスケットボール部	24 園芸部	35 化学部
3 剣道部	14 バレーボール部	25 地学部	36 華道部
4 柔道部	15 ハンドボール部	26 手芸部	37 茶道部
5 登山部	16 野球部	27 文芸部	38 弁論部
6 水泳部	17 ソフトボール部	28 美術部	39 調理部
7 卓球部	18 陸上競技部	29 吹奏楽部	40 管弦楽部
8 テニス部	19 軟式野球部	30 合唱部	41 新聞部
9 ソフトテニス部	20 応援団	31 演劇部	42 放送部
10 バドミントン部	21 ワンダーフォーゲル部	32 E S S	43 パソコン部
11 サッカー部	22 ボート部	33 写真部	44 囲碁将棋部

部活動紹介



2 Club Activities (Introduction of Clubs by Students)

Sports Clubs		Academic Clubs / Cultural Clubs	
1 Gymnastics Club	12 Rugby Team	23 Cinema Club	34 Biology Club
2 Japanese Archery Club	13 Basketball Club	24 Gardening Club	35 Chemistry Club
3 <i>Kendo</i> Club	14 Volleyball Club	25 Earth Science Club	36 Flower Arrangement Club
4 <i>Judo</i> Club	15 Handball Club	26 Handicraft Club	37 Tea Ceremony Club
5 Mountaineering Club	16 Baseball Club	27 Literary Club	38 Debating Club / Forensics Team
6 Swimming Club	17 Softball Club	28 Fine Arts Club	39 Cooking Club
7 Table Tennis Club	18 Track and Field Club	29 Brass Band	40 School Orchestra
8 Tennis Club	19 Rubber-Ball Baseball Club	30 Chorus Club / Choir	41 School Newspaper Club
9 Softball Tennis Club	20 Cheerleading Squad / Pep Squad	31 Drama Club	42 Broadcasting Club
10 Badminton Club	21 Hiking Club	32 English Speaking Society	43 Computer Club
11 Soccer (Football) Team	22 Boat Club	33 Photography Club	44 Japanese Chess and Go Club

Introduction of Clubs

1 **Gymnastics Club**: Mr. Taira, our coach, was an Olympic athlete.

2 **Japanese Archery Club**: Most of our members were beginners, but we've been improving our skills. What are good points about this sport are that you learn to be well-behaved and you will gain mental strength as well as physical strength.

3 **Kendo Club**: Through the practice of *Kendo*, you can be strong mentally and learn to be courteous.

4 **Judo Club**: *Judo* is one of the traditional Japanese martial arts. We welcome girls as well as boys.

5 **Mountaineering Club**: Although there are many obstacles to overcome in getting to the summit, once there, the view is beyond description.

6 **Swimming Club**: Swimming is good for total aerobic exercise, and you will soon get into shape. We focus on weight training during the off-season.

7 **Table Tennis Club**: Feel free to join us. Even if you haven't tried this sport before, you can learn from the beginning.

8 **Tennis Club**: We have been enjoying ourselves and doing well in some big tournaments.

9 **Softball Tennis Club**: All of us have such good tans that we are called "Almond Corps."

10 **Badminton Club**: Badminton is much harder and more exciting than you might expect. You can also get rid of stress by playing badminton.

11 **Soccer (Football) Team**: We practice hard, which leads to some success in our game. Soccer is exciting as you never know what you can accomplish when you become good enough.

12 **Rugby Team**: We defeated Heisei Commercial High School by a score of 12-3 at a practice game recently.

13 **バスケットボール部**
我が部の部訓は「思いやり」です。インターハイを目指します。

15 **ハンドボール部**
ハンドボールはバスケットボールとサッカーを混合したようなものです。

18 **陸上競技部**
走るものは9種目、跳ぶ・投げる、はそれぞれ4種目。自分にあったものを選びます。

14 **バレーボール部**
大切なのは練習。よい部活なので是非入部して下さい。

16 **野球部**
「一生懸命はかっこいい」という部訓を胸に日々頑張っています。

17 **ソフトボール部**
エースの岩本記世子選手は時速80キロの速球を投げられます。

25 **地学部**
8月1日～3日まで、御岳山に登り、天体観測をします。

23 **映画研究部**
毎週火曜日の放課後に、視聴覚教室にて、映画鑑賞会を行っています。

24 **園芸部**
昨年は、私たちが育てた鉢植えを、学校近くの駅の前に飾りました。

27 **文芸部**
昨年は、童話を創作し、近くの幼稚園を訪問しました。

29 **吹奏楽部**
想像以上の演奏ができた時の達成感は言葉では表せないくらいです。

26 **手芸部**
毎年、ぬいぐるみを作って、老人ホームに寄付しています。

30 **合唱部**
学校内でも学校外でも発表の機会があります。歌の好きな生徒よ、来たれ。

28 **美術部**
油絵、水彩画、造形など自分の好きなものに挑戦できます。

33 **写真部**
今年の夏休みは、軽井沢に撮影旅行に行きます。

31 **演劇部**
昨年の文化祭において、「ウエストサイドストーリー」を上演しました。

32 **English Speaking Society**
毎週水曜の授業後、ALTの先生に指導してもらっています。異文化を知るチャンスにもなります。

- 13 **Basketball Club**: Our club motto is “Be considerate to others.” We are aiming for the Inter-High-School Athletic Meet.
- 14 **Volleyball Club**: It doesn't matter whether you are tall or not. What is important for us is practice. We are proud of our team, so come and join us!
- 15 **Handball Club**: Handball is a combination of basketball and soccer (football). You shouldn't miss this enjoyable sport in your school life!
- 16 **Baseball Club**: We practice very hard following the club motto, which is “Doing your best is cool.”
- 17 **Softball Club**: Kiyoko Iwamoto, our ace, can pitch a fastball up to 80 km/h.
- 18 **Track and Field Club**: We have nine running events, four jumping events, and four throwing events. You can find an event that you find enjoyable.
- 23 **Cinema Club**: We watch movies in the Audio-Visual Room every Tuesday after school.
- 24 **Gardening Club**: Last year we grew flowers in pots and put them in front of the station near our school.
- 25 **Earth Science Club**: We are going to climb Mt. Ontake to stargaze from August 1st to August 3rd.
- 26 **Handicraft Club**: We make stuffed animals and donate them to a nursing home every year.
- 27 **Literary Club**: Last year we created a children's story and visited a nearby kindergarten to read it to the children.
- 28 **Fine Arts Club**: You can try oil painting, watercolors, molding, or anything else you like.
- 29 **Brass Band**: We can't explain how we feel when we perform better than expected. It feels great to impress an audience and make them happy.
- 30 **Chorus Club / Choir**: We have some opportunities to perform outside of school as well as at school. If you like singing, please come and join us!
- 31 **Drama Club**: We performed "West Side Story" at our Culture Festival last year.
- 32 **English Speaking Society**: Our ALT comes to teach us English every Wednesday after school. You have a chance to speak to him/her and get to know a different culture.
- 33 **Photography Club**: We are going to travel to Karuizawa to take photographs during this summer vacation.